



March MX4 Schedule



SHANNON HEALTH CLUB

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1.	2. 9am – Kylie 10am - Sarah
3.	4. 5:45am - Mallory	5. 5:30pm – Michael	6. 5:30pm - Sarah	7.	8.	9. 9am – Kylie 10am - Sarah
10.	11. 5:30am - Mallory	12. 5:30pm-Michael	13. 5:30pm - Sarah	14.	15.	16. 9am – Kylie 10am - Sarah
17.	18. 5:30am - Mallory	19. 5:30pm-Michael	20. 5:30pm – Sarah	21.	22.	23. 9am – Kylie 10am – Sarah
24. <hr/> 31.	25. 5:30am – Mallory	26. 5:30pm-Michael	27. 5:30pm - Sarah	28.	29.	30. 9am – Kylie 10am - Sarah



CLUB HOURS:

MON – FRI
FRI: 5:00A – 8:00P
SAT: 8:00A – 7:00P
SUN: 12:00P – 7:00P
325-747-2582

NURSERY HOURS:

MON-FRI
8:00A – 1:15P
4:00P – 7:30P
SAT: 8:00A - NOON
SUN: 3:00P – 6:15

MX4 Packages:

1 session: \$10 5 Sessions: \$45 10 Sessions: \$80