Shannon Medical Center
Top Trauma Facility in the State
Associate Accomplishments

**Associate D A I S Y A W A R D**

**Ricky Salvato,** RN, 5S, is the October Daisy award winner. He received two nominations from patients’ family members. Both commented on the excellent care their loved ones received from Ricky. Thank you for your hard work, Ricky!

**Amy Fisher,** RN, Float Pool, is the November Daisy award winner. Amy was nominated by a patient’s family member for her exceptional kindness and care during their mother’s stay in the hospital. Congratulations, Amy!

**Associate G E M A W A R D**

**Karen Jorgensen** was awarded the September GEM award from Shannon Clinic. Karen works in registration at the main clinic. She received the award for assisting a disabled patient in the restroom. Congratulations, Karen!

**Claudia Munoz** was awarded the October GEM award from Shannon Clinic. Claudia works in Orthopedics. A patient’s car battery died after 5 p.m. while she was leaving the Southwest clinic. Claudia took the patient to Wal-Mart to buy a new battery and waited for the patient’s husband to install it before leaving the clinic for the evening. Thank you, Claudia!

**Taylor Moeller** was awarded the November GEM award from Shannon Clinic. Taylor works in registration at the main clinic. She helped a visually impaired patient check-in at the clinic and walked them to their doctor’s office. Thank you, Taylor!

**Congratulations to:**

**September Summers,** CATCH in Motion program coordinator, was named a 2011 CATCH Champion from the University of Texas CATCH team. September is one of six winners of the statewide award. She received the award for her commitment and passion towards the improvement of school health and her dedication in helping children develop healthy habits. She is the co-chair for the Kids’ Marathon program.

**Rachel Conover,** RN, Case Management, received a four-year certification from the National Board for Certification of Hospice and Palliative Nurses. Congratulations, Rachel!

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**Six Months to Success**

**Shannon Women’s Fitness Center fitness program**

Available January 3 through February 29

**How it works:** Those who sign up for the program will have six-months access to the Women’s Fitness Center and will be assigned a Fitness Specialist.

The program includes an initial Fitness Evaluation consisting of:

- review of health history
- body composition evaluation
- assistance in setting fitness goals
- other health/fitness evaluations

After the evaluation, participants will be accountable to their Fitness Specialist who will help them stay on track. Fitness Specialists will schedule “Checkpoints” every four to six weeks to review progress and help those on the program revise their fitness goals and exercise program as needed.

**Benefits of “Six Months to Success”:**

- Many New Year Resolutions fail because of lack of accountability, unrealistic or lack of goals and lack of support. This program is designed to provide all of these to participants.
- The program is designed for those who want consistent, personalized attention, but who cannot afford or do not desire to work with a personal trainer.

Cost is $200. This program will be offered in addition to our regular memberships.

Offer automatically terminates six months from date of registration.

For more information, contact the Shannon Women’s Fitness Center at (325) 947-0590 or visit us at 4208 College Hills.

**Hours:** Mon. - Thurs. 5 A.M. - Noon & 4 P.M. - 7 P.M., Fri. 5 A.M. - Noon, Sat. 8 A.M. - Noon

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**Daisy Award**

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**Gem Award**

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Join us for the 2012 Go Red for Women Luncheon
sponsored by the American Heart Association and Shannon Medical Center

Wednesday, February 1, from 10:15 a.m. to 1 p.m. at the McNease Convention Center

10 a.m. - Exhibits open

10:15 & 11 a.m. - Breakout sessions
Heart Healthy Cooking with Earl Mulley of River Terrace Restaurant
Heart Disease Q&A with David Burger, M.D., Shannon Clinic cardiologist
Fun Fitness with Megan Mitchell, Shannon Women’s Fitness Center aerobics instructor

11:45 a.m. - Lunch

Keynote speaker: Emory Austin, motivational humorist

The event will also include a “Purseonality” Purse silent auction and exhibit booths.

Individual tickets: $30 | Reserved table of 8: $300

Tickets available through January 25. To purchase tickets or for more information, please contact the American Heart Association at (325) 481-6300.

2012 Shannon Medical Center Service Award Honorees

5 Years
Jimmy Aguilar
Lilly Andros
Gwendolyn Baker
Dana Behrens
Diane Blanchard
Kristen Borrego
Jill Bradbury
Phoebe Branham
Bobbie Bryson
Dayna Clay
Jennifer Corbitt
Ramiro Cortez
Sandra Coyne
Amy Deadman
Adrianna De La Garza
Lacey Deeds
Sheila Derington
Sidney Dickens
Amy Eckert
Karen Ellis
Kyle Emert
Donna Erwin
Margarita Flores
Eugene Gaitan
Alejandro Garcia
John Guthals
Kaci Halfmann
Linda Hall
Shelly Hartin
Regina Hartnett
West Herbert
Gloria Hernandez
Alyse Herndon
Robert Hogue
Stefany Holik
Nan Holloway
Billy Jackson
Pauline James
Amanda John
L’Ren Jones
Aaron Leech
Judy Lippe
Olga Lopez
Katy McCleery
Farah McMillan
Anna Montemayor
Dwayne Moore
Helen Murray
Marchelle Paul-Harry
Sarah Post
Nancy Quiroz
Joann Rios
Dora Rivas
Debra Robertson
Tammie Robinson
Jeannette Rodriguez
Cassandra Sanders
Marlene Santellano
Glynda Scott
Christopher Stallard
Kathryn Switzer
Leanna Torres
Hilda Trejo
James Tucker
Eric Valles
Brandi Wall
Michelle Weaver
Shelly Weise
Jerry Wilkins
Suzan Wilson
Thomas Wingo
Diana Hernandez
Isabel Gonzalez
Alex Aguiler
Maria Barron
Debra Friend
Yolanda Ledezma
Gabriel Aguiler
Stacy Latham
Raul Hernandez
Ramiro Rodriguez
Marion Duran
Sandra Villarreal
Christina Ornelas
Patrick Preston
Bill Peacock
Jane Cocuzzi
Roy Huckabee
Jeff Smith
Rose Najera
Amy Watkins
Holly White
Irvin E. Zeitler, Jr., D.O.

20 Years
Dolores Acosta
Irina Aguirre
Harold Brothers
Elva Cantu
Mary Davis
Rosa De La Cruz
William Dodson
Mary Duryea
Cynthia Garza
Hilda Guffey
Carrie Hallman
Jeff Hameister
Dana Hoffman
Gayle Kalina
Pedro Lara, Jr.
James McAden
Gracie Munoz
Teresa Rainey
Kimberly Schaefner
Susan Sherrod
Debra Strickland
Tony Sturdivant
Leslie Vaughn

15 Years
Gabriel Aguero
Tresa Anderson
Tabitha Baker
Julie Book
Steven Boyd
Kelley Cooper
Larry Cuellar
Sylvia Gatica
Yolanda Gomez
Eva Gonzales
Deeon Guevara
Glenda Harvey
Robyn Harvey
Patricia Kirkham
Sonya McCarthy
Blanca Moreno
Virginia Nunez
Alice Perez
Anna Perez
Ernest Perez
Courtney Schwertner
Elizabeth Shaw
Jimmy Shupe
Louine Strakos
Elvira Tello
Darlene Ubando
Danny Updike

10 Years
Mary Zapata
Amalia Chacon
Altagracia Martinez
Jackie Lewis
Nancy Mohler
Jim Benson
Nicole Lamura
Maura Hagood
Silvia Hernandez
Denise Valdez
Roger Beijil
Stephanie Gesch
Jared Vogler
Carlos Robledo
Patricia Mahan
Kimberly Parks
Lydia Aguirre
Tom Perkins
David Falk
Karla Reed
Sherry Calcote
Paul Rodriguez

30 Years
Raymond Duarte
Gloria Gutierrez
Sandra Halfmann
Rudy Perez
Jill Plott
Su Lynn Prince
Mary Rosales
Sharon Rose
Brenda Sides
Bertha Rutledge
Pam Thomas
Georgina Trevino
Barbara Wright

35 Years
Thomas Burnett
Pamela Derby
Maria Gonzales
Tommie Jones
Yolanda Talamantes
Adel Valadez
Betty White

40 Years
Donna Riddle

25 Years
Brenda Buselli
Glenda Hambright
Carol Lange
Mary Martinez
Eddie Najera
Bonnie Otto
Marilyn Pritchett
Carolyn Tegeler
5 Years
Susanna Alcantar
Frances Alcocer
Jolie Bailey, M.D.
Susan Boatright
Amanda Brake
Maira Cadena
Melissa Castillo
Ivy Compton
Velma Cook
Kimberly Cramer
Laura DeLa Cruz
Karla Dallas
Anthony De Mory, M.D.
Diamantina Dixon
Laci Dixon
Wendy Falcon Simmons
Stephanie Fisher
Cheryl Fore
Veronica Galindo
Bonnie Garza
Andres Gonzalez
Olivia Guajardo
Maria Gutierrez
John Harvey, M.D.
Jennifer Hostetler
Rosalva Huerta
Tammy Jacobs
Troy Johnson
Sylvia Lopez
Ginger Manis
Angelica Martinez
Kayla Martinez
Debora Mayfield
Vicki McNeal
Alma Meza
Christina Ornelas
Humberto Ortiz
Erica Parker
Jackie Preston, M.D.
Mary Ramirez
Nelva Renteria
Leesa Rivera
Norma Ruiz
Christina Samaripa
Tammy Searcy
Stephanie Sevier
Lisa Sneed
Teresa Sosa
Raegan Strain
Jennifer Stanfield
Tomas Valles
Jennifer Vitela
James White, M.D.
Marlee Willis
Reanna Wyche
Juanita DeLa Rosa
RuthAnn Dickenson
Bobbie Heath
Holly Klein
Josephine Lara
Elisa Martinez
Jackie Necessary
Polly Rackley
Veronica Soto
Susan Flores-Thompson
Felix Trujillo
Martha Vickers
Robbie Wilson

10 Years
Dora Cabral
Jessica Chappa
Cornelius Chinn, M.D.
Chris Cole, M.D.
Susan Cummings
Kelly Esparza
Paul Foxcroft, M.D.
Roy Galindo
Rebecca Guajardo
Robin Guajardo
Priscilla Halamicek
Christy Hall
Angelica Hernandez
David Huchton, M.D.
Randi Hunt
Ashley Kasper
Aydal Klee
Patricia Lang
Sharon Lankford
Samantha Marsh
Rosemary Mata
Betty Martinez
Sandra Muncey
Rita Rios
Melissa Velez
Michael Wagnon, M.D.
Mary Conoly
Donna Douglas
Amanda DeLa Garza
Viki Forlano Halfmann, M.D.
Amanda Herrera
Ava Hunt
Deanna Lange
Gail Longo
Cherry Rizzo
Yvonne B. Novak, M.D.

20 Years
Mary Conoly
Donna Douglas
Amanda DeLa Garza
Viki Forlano Halfmann, M.D.
Amanda Herrera
Ava Hunt
Deanna Lange
Gail Longo
Cherry Rizzo
Yvonne B. Novak, M.D.
B. Louise Bower
Barbara Columbus
Rogelio Ibarra
Sherri Lee
Tony Mackey

25 Years
B. Louise Bower
Barbara Columbus
Rogelio Ibarra
Sherri Lee
Tony Mackey

30 Years
Sherry Dorotik
Janet Kiser
Jodine McFadden
Leslie Williamson, M.D.

Your professional achievements and dedication to excellence form the foundation of Shannon.

Congratulations to all recipients!
Tiffany Andrade
Tiffany is 15 years old. She was diagnosed with Acute Hemolytic Anemia and Cold Agglutin Disease at 11 years old. Her particular type of anemia causes her white blood cells to attack her red blood cells. There is no cure yet. Tiffany requires warmed fluids when she receives IV fluids or chemotherapy infusion. Tiffany is seen at the Shannon Pediatric Outpatient Clinic every three months by Dr. Beam, a hematologist from Cook Children’s Hospital. Tiffany receives ongoing chemotherapy at Shannon Medical Center.

Rylan Rey
Rylan was born prematurely at 34 weeks at Shannon Medical Center in June 2009. He initially was not breathing and required resuscitation. He spent 10 days in Shannon Medical Center NICU and is now a healthy two year old.

Tinker Granzin
Tinker is 11 years old. She developed a severe kidney stone when she was 9 years old. She required emergency surgery followed by sound wave destruction of the stone. The kidney stone was so large it blocked the kidney, causing a life threatening infection. Surgery was performed just in time at Shannon Medical Center. Tinker remains active and healthy today.

Allie Jacques
Allie is 5 years old. She was diagnosed with Acute Lymphoblastic Leukemia when she was only 9 months old. Allie has completed three years of chemotherapy at Shannon Medical Center Pediatric Outpatient Clinic and is now in remission.

Kash Kelso
Kash is 2 years old. He was diagnosed with a Stage 4 Wilm’s tumor with renal involvement in July 2011. Kash recently had surgery to remove his right kidney and the tumor in September. Kash is seen at Shannon Medical Center pediatric outpatient clinic for ongoing chemotherapy.
Texas’ Top Trauma Facility

Shannon Medical Center received the 2011 Trauma Center Award from the Texas Department of State Health Services. The award, presented in Austin at the annual EMS Conference, honors a designated trauma facility in Texas that has demonstrated leadership and high standards in implementing injury prevention programs and providing trauma patient care to the citizens and visitors of Texas. Shannon is one of 265 designated trauma facilities in the state.

“Receiving this award is a huge compliment to the large group of people who provide trauma care to the Concho Valley on a daily basis,” said Emmette “Buddy” Flynn, M.D., surgeon and medical director of Shannon’s Trauma Program.

Past recipients of the award include: JPS Health Network of Fort Worth, Brackenridge and Dell Children’s Medical Center of Austin, Parkland Health & Hospital System of Dallas, East Texas Medical Center of Tyler, Covenant Children’s Hospital of Lubbock and Children’s Medical Center of Dallas.

“We are honored to join the list of prestigious facilities who have received this award,” said Bryan Horner, President and CEO of Shannon Medical Center. “It takes the entire hospital’s commitment to maintain a Level III Trauma Center. From our medical staff to the nursing staff in the ER, OR, ICU, and Trauma Unit to the pharmacists, dietitians, lab technicians, radiology technicians, clergy, staff in nearly every department in the hospital contributes to the care of the trauma patient at some point in their stay.”

Shannon received a three-year Level III Advanced Trauma Center re-designation in 2009, a status the medical center first received in 1999 and has maintained throughout the past 12 years. The Center serves a 14-county area covering more than 17,000 square miles and a population of 160,000. Of the ten hospitals serving the region, eight are located in rural areas and seven are designated as Level IV Trauma Centers.

To be designated as an Advanced Level III Trauma Center, a hospital must be available to care for all major and severe trauma patients 24 hours per day/7 days per week. Major trauma patients include those with critical injuries resulting from motor vehicle crashes, falls or any injury severe enough to cause death or disability. The program provides the Regional Communication Center which provides dispatching for Shannon AirMed1 and the Trauma Team and also works with regional EMS partners.

“Shannon Medical Center represents a classic example of the challenges in delivering care to trauma patients in the rural setting,” said Charles Benham, M.D., medical director of Shannon’s Emergency Department and AirMed1. “The Trauma Center and AirMed1 service area encompasses one-fifth of the state of Texas.”

Shannon provides continuing assistance to the Concho Valley RAC (Regional Advisory Council). During the spring wildfires that plagued the Concho Valley, Shannon served as a vital asset to the CVRAC in coordinating ambulances and response personnel.

“We serve a large geographic region and transporting injured people here is not easy, but the Communications Center works with all the hospitals and EMS services in the region to make sure people get here as quickly as possible,” said Bob Wyrick, communications specialist, CFC (Certified Flight Communicator). “We activate the trauma team that meets arrivals at the door. I appreciate the recognition Shannon has received from this award—it takes a lot of people behind the scenes to make the system work.”

It truly takes a dedicated team to provide emergency care to those in need time and time again. Shannon’s Emergency Department treats an average of 49,500 patients per year with almost 9,500 of those related to a trauma. It is staffed with emergency physicians, nurses and technicians around the clock along with a 24/7 on-call team of specialists including general surgeons, orthopedic surgeons, neurologists, neurosurgeons, anesthesiologists, cardiologists, cardiovascular surgeons, ENTs, urologists, ophthalmologists, oral and maxillofacial surgeons, plastic surgeons, hospitalists, pediatrics, OB/GYN physicians and lab technicians.

“It is great to be recognized for the outstanding care that our trauma patients receive from our team members,” said Erin Stokes, RN, BSN, 4S. “Working as a multidisciplinary team makes it possible for us to provide the excellent care for our patients during their time of need.”

Shannon Welcomes Two New Physicians

Syed Abrar, M.D.
Internal Medicine

Dr. Abrar received his undergraduate education at Adamjee Government Science College and his medical degree at Dow Medical College in Karachi, Pakistan. He then completed his internal medicine residency at St. Barnabus Hospital in Bronx, New York, affiliated with Weill Medical College of Cornell University.

Previously, Dr. Abrar was an attending physician for Essex Medical Associates at Bronx Lebanon Hospital in New York. He and his wife Madiha Ghayas, M.D., Shannon Clinic psychiatrist, came to Shannon from Hartsdale, New York.

Dr. Abrar is board certified by the American Board of Internal Medicine. His office will be located at Shannon Clinic, 120 E. Beauregard. For more information, or to schedule an appointment please call (325) 658-1511.

Madiha Ghayas, M.D.
Psychiatry

After receiving her undergraduate education at St. Joseph Government College for Women, Dr. Ghayas received her medical degree from Dow Medical College in Karachi, Pakistan. She then completed her residency in psychiatry at Harlem Hospital Center in New York affiliated with Columbia University, and received fellowship training in geriatric psychiatry at Mount Sinai School of Medicine.

Dr. Ghayas, and her husband Syed Abrar, M.D., Shannon Clinic internal medicine, come to Shannon from Hartsdale, New York. Her office will be located at Shannon Clinic, 120 E. Beauregard. For more information, or to schedule an appointment please call (325) 481-2225.
January & February: Give $2, Get $2 at McAlister's Deli. Donate $2 to your local Children's Miracle Network hospital and receive a $2 McAlister's gift card for your next visit! For more information, call (325) 481-6160.

Jan. 5: Cancer Warriors Men's Cancer Support Group meeting, Survivor Sisters Breast Cancer Support Group meeting, 5:30 p.m., Cancer Empowerment & Resource Center, 102 N. Magdalen, Ste. 130. For more information, call (325) 481-2065.

Jan. 12: Empowerment Center Lunch & Learn session "Accepting My New Self After Cancer," noon – 1 p.m., Cancer Empowerment & Resource Center at Shannon, 102 N. Magdalen, Ste. 130. For more information, please call (325) 481-2230.

Feb. 1: Go Red for Women Luncheon, McNease Convention Center, 10:15 a.m. - 1 p.m. Tickets: $30 each, reserved table of 8: $300. For more information, call (325) 481-6300.

Feb. 2: Cancer Warriors Men’s Cancer Support Group meeting, Survivor Sisters Breast Cancer Support Group meeting, 5:30 p.m., Cancer Empowerment & Resource Center, 102 N. Magdalen, Ste. 130. For more information, call (325) 481-2065.

Feb. 9: Empowerment Center Lunch & Learn session “What You Need to Know About Radiation Therapy,” noon – 1 p.m., Cancer Empowerment & Resource Center at Shannon, 102 N. Magdalen, Ste. 130. For more information, please call (325) 481-2230.

Feb. 16-26: 80th annual San Angelo Stock Show and Rodeo. Come watch the action in the arena on the Shannon Vision screen! For more information, call (325) 657-5064.

Feb. 19: Children’s Miracle Network Day at the San Angelo Livestock Show & Rodeo. At least $1 of every ticket benefits your local Children’s Miracle Network hospital. For more information, call (325) 481-6160.

Feb. 23, 24, 25: KXYC Cares for Kids Radiothon, Sunset Mall, Feb. 23 and 24, 6 a.m. to 7 p.m.; Feb. 25, 10 a.m. to 7 p.m. For more information, call (325) 481-6160.

Volunteer Spotlight

Dee Chesser became a Shannon Volunteer in July. By the end of 2011, she had worked at the Front Desk, ICU, Imaging, Day Surgery and the Women’s & Children’s gift shop—a impressive accomplishment for a new Volunteer.

Dee was born in Memphis, Tenn. She attended Howard Payne University in Brownwood and holds a master’s degree in Guidance and Counseling from Angelo State University. She recently retired from the San Angelo Independent School District after 30 years of service where she spent five years as a teacher and the rest as a guidance counselor.

She has lived in San Angelo with her husband, Bob, for almost 30 years. They have two children, a daughter, Dawna, who is a teacher in Kerrville, and a son, Jason, who is a Wells Fargo banker in New Braunfels. Dee’s hobbies include exercise, dance, water aerobics and travel.

EVENTS

Jan. 4: Board meeting and Executive Board meeting
Jan. 17: Blood Drive, Legacy I, until 4 p.m.
Jan. 19: Blood Drive, Legacy II
Feb. 1: Board meeting
Feb. 8: Hospital update meeting

Thanks to everyone for making the November Blood Drive the largest to date at Shannon!