

Building BLOCKS

2026 CLASSES

DOWNTOWN CAMPUS

Women's & Children's Conference Room
201 E. Harris Ave.



ALL ABOUT CHILDBIRTH

Please bring pillows for this class. Online classes also available.

Two-Part Evening Classes:

6:00 pm - 9:00 pm

January 13 & 27,
February 17 & 24,
March 10 & 17,
April 14 & 21, May 12 & 19,
June 9 & 16, July 14 & 21,
August 11 & 18,
September 8 & 15,

October 6 & 20,
November 10 & 17,
December 8 & 15

All Day Saturday Classes:

9:00 am - 4:00 pm

January 17, March 28,
May 16, July 18,
September 19,
November 14



BREASTFEEDING BOOT CAMP

Online classes also available. You may bring or share photos of any breastfeeding items you have questions about.

Evening Classes:

6:00 pm - 8:00 pm

March 3, May 5, July 6,
September 2, November 3

Morning Classes:

9:00 am - 11:00 am

February 14, April 25,
August 29, October 10



CARING FOR YOUR NEWBORN

Online classes also available. You may bring your infant carrier and/or base.

6:00 pm - 9:00 pm

January 8, February 5, March 5, April 2, May 7, June 4,
July 2, August 6, September 3, October 8, November 5,
December 3



DOTING SIBLINGS

This class is for big brothers and big sisters ages four and up.

9:00 am - 10:30 am

February 21, April 11, August 22, October 17



FINDING ALTERNATIVES FOR LABOR PAIN

Please bring pillows for this class.

12:30pm - 3:30 pm

February 21, April 11, August 22, October 17



GOING HOME SAFELY

You may bring your infant carrier and/or base.

6:00 pm - 9:00 pm

January 12, February 9, March 9, April 13, May 18, June 8,
July 13, August 17, September 14, October 12, November 16,
December 14

Please call 325.747.2359 to register
or visit ShannonBabies.com.



SHANNON

325.747.2359

ShannonBabies.com