

# Building **BLOCKS**



## 2026 CLASSES

### DOWNTOWN CAMPUS

Women's & Children's Conference Room  
201 E. Harris Ave.

#### **A ALL ABOUT CHILDBIRTH**

Please bring pillows for this class. Online classes also available.

##### **Two-Part Evening Classes:**

**6:00 pm - 9:00 pm**

January 13 & 27,

February 17 & 24,

March 10 & 17,

April 14 & 21, May 12 & 19,

June 9 & 16, July 14 & 21,

August 11 & 18,

September 8 & 15,

October 6 & 20,  
November 10 & 17,  
December 8 & 15

##### **All Day Saturday Classes:**

**9:00 am - 4:00 pm**

January 17, March 28,

May 16, July 18,

September 19,

November 14

#### **B BREASTFEEDING BOOT CAMP**

Online classes also available. You may bring or share photos of any breastfeeding items you have questions about.

##### **Evening Classes:**

**6:00 pm - 8:00 pm**

March 3, May 5, July 6,

September 2, November 3

##### **Morning Classes:**

**9:00 am - 11:00 am**

February 14, April 25,

August 29, October 10

#### **C CARING FOR YOUR NEWBORN**

Online classes also available. You may bring your infant carrier and/or base.

**6:00 pm - 9:00 pm**

January 8, February 5, March 5, April 2, May 7, June 4,

July 2, August 6, September 3, October 8, November 5,

December 3

#### **D DOTING SIBLINGS**

This class is for big brothers and big sisters ages four and up.

**9:00 am - 10:30 am**

February 21, April 11, August 22, October 17

#### **F FINDING ALTERNATIVES FOR LABOR PAIN**

Please bring pillows for this class.

**12:30pm - 3:30 pm**

February 21, April 11, August 22, October 17

#### **G GOING HOME SAFELY**

You may bring your infant carrier and/or base.

**6:00 pm - 9:00 pm**

January 12, February 9, March 9, April 13, May 18, June 8,

July 13, August 17, September 14, October 12, November 16,

December 14

**Please call 325.747.2359 to register  
or visit [ShannonBabies.com](http://ShannonBabies.com).**



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