

Building BLOCKS

2023 CLASSES

DOWNTOWN CAMPUS

Women's & Children's Conference Room
201 E. Harris Ave.

A ALL ABOUT CHILDBIRTH
Please bring pillows for this class. Online classes also available.

Two-Part Evening Classes:

March 20 & 27, May 15 & 22,
June 13 & 20, July 20 & 27,
September 12 & 19,
November 14 & 16

6:15 pm - 8:45 pm

All Day Saturday Classes:

February 11, April 22, June 17,
August 19, October 21

9 am - 4 pm

B BREASTFEEDING BOOT CAMP
Online classes also available. You may bring or share photos of any breastfeeding items you have questions about.

Saturday Morning Classes:

February 4, February 18,
March 11, April 15, May 13,
July 8, August 5,
September 9,

9 am - 11:30 am

Evening Classes:

March 21, April 20,
May 2, July 19, August 17,
September 11, October 11,
October 16, November 6,
November 7, December 11,
December 12

6:15 pm - 8:45 pm

C CARING FOR YOUR NEWBORN
Online classes also available. You may bring your infant carrier and/or base.

Evening Classes:

February 23, March 7, April 18, May 23, July 25,
September 28, October 26, November 11

6:15 pm - 8:45 pm

F FINDING ALTERNATIVES FOR LABOR PAIN
Please bring pillows for this class.

Tuesday Evening Class:

August 22

6:15 pm - 8:45 pm

Saturday Morning Classes:

January 28, February 25,
May 6, September 23,
October 28

9 am - 11:30 am

G GOING HOME SAFELY
You may bring your infant carrier and/or base.

Evening Classes:

February 20, April 10, May 16, June 19, July 31, August 21,
September 25, October 23, November 20

6:15 pm - 8:45 pm

Please call 325.747.2359 to register or visit ShannonBabies.com.



SHANNON

325.747.2359

ShannonBabies.com