

Building BLOCKS

2024 CLASSES

DOWNTOWN CAMPUS

Women's & Children's Conference Room
201 E. Harris Ave.

A ALL ABOUT CHILDBIRTH
Please bring pillows for this class. Online classes also available.

Two-Part Evening Classes: **All Day Saturday Classes:**
January 8 & 15, March 18 & February 24, April 20,
25, May 20 & 27, June 10 & 17, July 20, September 7,
August 19 & 22, November 18 October 26
& 21, December 10 & 17 **9 am - 4 pm**

6:15 pm - 8:45 pm

B BREASTFEEDING BOOT CAMP
Online classes also available. You may bring or share photos of any breastfeeding items you have questions about.

Saturday Morning Classes: **Evening Classes:**
February 10, April 27, January 16, March 12,
June 22, August 3, May 16, July 29,
October 19, December 7 September 12, November 13,
9 am - 11:30 am **6:00 pm - 8:30 pm**

C CARING FOR YOUR NEWBORN
Online classes also available. You may bring your infant carrier and/or base.

Evening Classes:
January 18, February 22, March 7, April 18, May 23, July 18,
August 8, September 19, October 17, November 14,
December 12
6:15 pm - 8:45 pm

D DOTING SIBLINGS
This class is for big brothers and big sisters ages four and up.

Saturday morning classes:
January 20, May 11, September 21
9 am - 10:30 am

F FINDING ALTERNATIVES FOR LABOR PAIN
Please bring pillows for this class.

Evening Classes:
February 15, April 11, June 13, August 13, September 10
6:15 pm - 8:45 pm

G GOING HOME SAFELY
You may bring your infant carrier and/or base.

Evening Classes:
February 5, April 8, May 6, August 5, October 21, December 16
6:15 pm - 8:45 pm

Please call 325.747.2359 to register or
visit ShannonBabies.com.



325.747.2359

ShannonBabies.com