

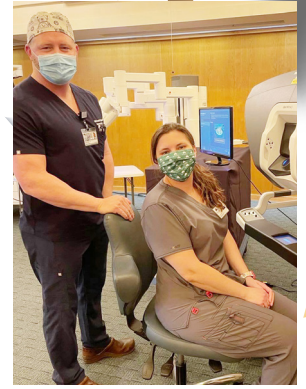
STETHOSCOOP



**Functional
Improvement
Through
Movement!**



Congratulations on
5,000
Procedures



Shannon recently achieved the milestone of 5,000 procedures with the da Vinci Xi Surgical System!

Our Associates celebrated this achievement by being able to “work” on the da Vinci demo system and enjoy refreshments.

The system is used at both campuses. Currently, Shannon’s surgeons are utilizing the da Vinci for many procedures including: gallbladder removal, hernia repair, colectomy, urological, GERD treatment, and gynecological surgeries.

Children’s Miracle Network

CELEBRATION TELETHON

Watch miracles happen

LIVE on KLST-TV

and streaming live online at
ConchoValleyHomepage.com and
the KLST Facebook page!

JUNE 5 6:30 PM - 10 PM

To pledge, call **325-657-8385** or donate online
at CMNSanAngelo.org.



Your
Children’s
Miracle Network
Hospital





Functional Improvement Through Movement!



Shannon Neuro Rehabilitation recently opened the doors to their new clinic, located at 3501 Executive Drive, on the Shannon South Campus. The new outpatient facility is almost four times larger than the previous location, featuring a larger, more open floor plan, expanded therapy gym with additional equipment, private therapy rooms, space for group classes and the potential to expand for more services in the future.

Shannon Neuro Rehabilitation is a specialized clinic focused on helping patients regain functionality after stroke, traumatic brain injury, spinal cord injury, concussion or other neurological conditions. It includes a team of physical therapists, occupational therapists and speech language pathologists. Previously, this facility was located on the Shannon St. John's Campus and began in 2016 with one therapist. Today, it includes a full team offering many modalities of therapy and continues to grow to meet the needs of thousands of patients.



“Our approach is to help patients improve their overall quality of life and gain functional improvement through movement,” said Diana Moreland, PT, DPT, Shannon Neuro Rehabilitation. “Our job isn’t to show patients what they can’t do anymore, but rather show them how much they can do. We treat the entire patient, so we focus on providing services for physical movement, speech, occupational therapy and more to meet their holistic needs.”

The team also includes a Certified Lymphedema Therapist who offers treatment and management for lymphedema including exercises, fitting for compression garments, lymphatic draining, compression wrapping and skin care. The clinic also provides custom wheelchair evaluations and has a speech therapy program called LSVT Loud, which helps people with Parkinson’s disease and other neurological conditions.

With the availability of more space, Shannon Neuro Rehabilitation will now be offering a fee-based, group exercise program. The new Community Fitness program is intended to help individuals optimally and actively age by maximizing ease with daily movement, promoting accountability, providing social opportunities, in addition to improving cardiovascular, pulmonary and bone health.

Classes are one hour long, including warm up and cool down, and will focus on strength, endurance, flexibility and balance. Workouts are designed and

developed by a licensed physical therapist, and classes are instructed by exercise specialists who work directly with the therapist.

Anyone interested in enrolling in the Community Fitness Program is invited to first attend a free screening provided by Shannon Neuro Rehabilitation. These screenings will determine which class best meets the participant’s needs and identify any additional needs for skilled services prior to their first class. Screenings will include assessment of vitals (blood pressure and heart rate), strength assessment and balance/fall risk assessment.

Screenings are held every Monday at 1:00 p.m. at Shannon Neuro Rehabilitation, 3501 Executive Drive.

For more information, please call 325-747-8025.



Stuart Abramson, MD, PhD, has been reappointed to the Texas Medical Association Ethics Panel for an additional three-year term. TMA is the largest medical society in the state, representing more than 55,000 physicians and medical students. The members of the Ethics Panel discuss a wide range of medical policy issues and topics to focus on TMA’s key objective: To improve the health of all Texans.

Congratulations, Dr. Abramson!

ASSOCIATE Accomplishments

All individuals have been nominated by a patient, a patient's family or another Associate for being exceptional and going above and beyond their duties.

DAISY AWARD



Kevin Russwurm
4 South
January Winner



Janice Nevens
4 North
January Winner



Kristi Vinson
Krabil
UC North
February Winner



Kriss Oliver
4 South
March Winner



Daisy Team Award
Skilled Nursing
April Winner



Daisy Team Award
5 South
April Winner

CLOVER AWARD



Keenan Wyatt
6 North
January Winner



Elizabeth Brown
PCU South
January Winner



Katlin Harris
Med/Surg/Tele
South
February Winner



Denise Nibling
ASU Student
Clinic
March Winner

GEM AWARD



Sarah Allen
West Clinic PT
February Winner



Amy Wilson
Beauregard
Clinic Door
Screener
February Winner



Sandra Eaton
Staff
Development
March Winner



Victoria Castadena
West Clinic Lab
March Winner



GEM Team Award
Engineering Department -
Downtown
January Winner

DAISY NURSE LEADERS

Awards



Daisy Lifetime Achievement Award Winner, Janette Dailey, RN, BSN, MS-NI, Shannon Medical Center



Janette has been selected as the 2021 Daisy Lifetime Achievement Award winner. This award is given to a nurse who has been in practice at least 25 years and has made significant contributions to nursing. Janette was selected based on her extraordinary career at Shannon. Janette is a well-respected nurse leader who has significantly impacted Shannon over her tenure. She has served as a leader for the Women and Children's area and currently supports the organization in the EMR area. Her leadership has ensured the success of Shannon organization-wide, most recently with the implementation of Epic at both the South Campus and the Knickerbocker Clinic.

Daisy Nurse Leader Award Winner, Doug Jansa, RN, House Supervisor Night Shift



Doug was nominated by his staff who said: "Doug is always very knowledgeable and willing to help with nursing care or assessing patients. He is respectful to staff and makes sure to address our concerns if we have any. He has an amazing attitude, is very smart and a great example of an exceptional leader. We know we can rely on him and that the patients are in good hands if we ever need help!"

Daisy Nurse Leader Award Winner, Michael Smith, RN, BSN, 4 South Unit Manager



Michael was nominated by his staff who said: "Michael is a great unit manager that you can tell really cares about his staff. He makes himself available when we need help, is quick to come up with a solution and very helpful in decision-making processes. He stressed the importance of how valued we are and how much of a difference we can make in our patients' lives. He goes above and beyond for us all the time and we are grateful to work with such a great leader, mentor and preceptor."

MAYFIELD PAPER COMPANY
PRESENTS



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Zesch & Pickett Insurance, LLP
All Volunteers

2020 Clay Shoot Winners

High Over All Winner:

Bill Luxton

with a score of 95!

Justin Leeper came in as runner-up
with a score of 94.

C.J. Duncan Memorial

High Over All Youth Winner:

Trace Windham

with a score of 80!

Congratulations to you all and thank you for your support!

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SHANNON CLINIC WELCOMES



OUR NEWEST PROVIDERS



**ROBERT
ALEXANDER, MD**
ORTHOPEDICS

Dr. Alexander received his bachelor's degree from Angelo State

University and his medical degree from the University of Texas Medical Branch in Galveston. He completed his surgery research fellowship at the University of Texas Medical Branch Surgery Department in Galveston and his spine fellowship at Florida Orthopaedic Institute, Tampa General Hospital in Tampa, Florida. He completed his orthopedic residency at the University of Texas Medical Branch in Galveston.

Dr. Alexander's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8030.



**ROSS
ALEXANDER, MD**
DERMATOLOGY

Dr. Alexander received his bachelor's degree from Angelo State

University and his medical degree from the University of Texas Medical Branch in Galveston. He completed his general surgery residency at the University of Texas Health Science Center in San Antonio. He is a member of the American Academy of Dermatology.

Dr. Alexander's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8035.



**WILLIAM L.
BURKES, MD**
OPHTHALMOLOGY

Dr. Burkes received his bachelor's degree from Texas A&M University in

College Station, Texas, and his medical degree from Texas A&M Health Science Center in College Station, Texas. He completed his ophthalmology residency at Texas Tech University Health Sciences Center in Lubbock, Texas. He is a member of the American Ophthalmology Association and the Texas Ophthalmology Association.

Dr. Burkes's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8020.



**PENNI
CAMBRE, MD**
PEDIATRICS

Dr. Cambre received her bachelor's degree from Lamar University in

Beaumont, Texas, and her medical degree from the University of Texas Health Science Center in San Antonio, Texas. She completed her residency at the University of Texas Medical Branch Department of Pediatrics in Galveston, Texas.

Dr. Cambre's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8040.



**WARREN
CONWAY, MD**
FAMILY PRACTICE

Dr. Conway received his bachelor's degree from Texas A&M University in College

Station, Texas, and his medical degree from Texas A&M Health Science Center in College Station, Texas. He completed his family medicine residency at Texas Tech University Health Sciences Center in Odessa, Texas.

Dr. Conway's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8045.



**TED
HACKL, MD**
OPHTHALMOLOGY

Dr. Hackl received his bachelor's degree from Rochester Institute of

Technology in Rochester, New York, and his medical degree from Texas Tech University School of Medicine in Lubbock, Texas. He completed his ophthalmology residency at Texas Tech University School of Medicine.

Dr. Hackl's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8055.



**SARA
HALFMANN, MD**
PEDIATRICS

Dr. Halfmann received her bachelor's degree from Angelo State

University and her medical degree from Texas Tech University School of Medicine in Lubbock, Texas. She completed her pediatric residency at Texas Tech University Health Sciences Center in Lubbock, Texas. She is a member of the American Academy of Pediatrics and the Texas Pediatric Society.

Dr. Halfmann's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8060.



**DEBORAH
HAJOVSKY, MD**
OB/GYN

Dr. Hajovsky received her bachelor's degree from Texas A&M University in

College Station, Texas, and her medical degree from the University of Texas Medical Branch in Galveston, Texas. She completed her residency at the University of Texas Medical Branch Department of Obstetrics and Gynecology. She is board certified by the American Board of Obstetrics and Gynecology.

Dr. Hajovsky's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8065.



CHARLES HARZKE, MD
OB/GYN

Dr. Harzke received his bachelor's degree from Texas A&M University in College

Station, Texas, and his medical degree from Texas Tech University Health Sciences Center in Lubbock, Texas. He completed his residency at Texas Tech University Health Sciences Center Department of Obstetrics and Gynecology in El Paso, Texas. He is board certified by the American Board of Obstetrics and Gynecology.

Dr. Harzke's office is located at Shannon South – Williams Family Center, 3501 Knickerbocker Road.

For more information, please call 325-747-8070.



DARRELL HERRINGTON, DO
FAMILY PRACTICE

Dr. Herrington received his medical degree from the Texas College of

Osteopathic Medicine in Fort Worth, Texas. He completed his chief internship at the Dallas/Fort Worth Medical Center in Grand Prairie, Texas. He is board certified by the American Osteopathic Board of Family Physicians, as well as the American Board of Hospice and Palliative Medicine.

Dr. Herrington's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8075.



JOE WILKINSON, MD
ORTHOPEDICS

Dr. Wilkinson received his bachelor's degree from Lamar University in

Beaumont, Texas, and his medical degree from the University of Texas Medical Branch in Galveston, Texas. He completed his residency at the University of Texas Health Science Center in San Antonio, Texas. He is board certified by the American Board of Orthopaedic Surgery and a fellow of the American Academy of Orthopaedic Surgeons, the American College of Surgeons and the Arthroscopy Association of North America.

Dr. Wilkinson's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8095.



MEGAN BLANEK, WHCNP
OB/GYN

Megan received her undergraduate degree from Texas Tech Health

Sciences Center in Lubbock, Texas, and her master's degree from the University of Cincinnati in Cincinnati, Ohio. She is board certified as a Women's Health Care Nurse Practitioner. She has more than 16 years of experience in women's health care.

Megan joins the practice of Laura Adams, MD, and Jenny Wiggins-Smith, DO, at Shannon Clinic Harris, 220 E. Harris.

For more information or to schedule an appointment, please call 325-481-2285.



DONALD COOK, Au.D., FAAA
AUDIOLOGY

Donald received his bachelor's degree from Texas Tech University in Lubbock,

Texas, and his master's degree from the University of North Texas in Denton, Texas. He completed his audiology clinical doctorate degree at the University of Florida in Gainesville, Florida. He is board certified by the American Academy of Audiology and the Texas Academy of Audiology.

Donald's office is located at Shannon Clinic West, 4450 Sunset Drive.

For more information, please call 325-481-2283.



JOY GIBBS, ANCC, FNP-BC
FAMILY PRACTICE

Joy received her bachelor's degree from Texas Women's University in Denton,

Texas, and her master's degree from the University of Texas at Arlington. She has over 23 years' of medical experience in a variety of clinical settings.

Joy's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8050.



JENNIFER MARBURGER, CPNP-AC
PEDIATRICS

Jennifer received her bachelor's degree and two master's

degrees from the University of Texas at Arlington. She has over 13 years' of medical experience in pediatric and acute patient care.

Jennifer's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8080.



MICKEY MATTHEWS, PA-C, MPAS, M.ED.
ORTHOPEDICS

Mickey received his bachelor's and master's degree

from Angelo State University. He also completed a second master's degree at the University of Texas Medical Branch in Galveston, Texas. He has over 8 years' of medical experience in orthopedic surgical care.

Mickey's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8085.



SARAH SEWELL, APRN, FNP-C
ONCOLOGY

Sarah received her undergraduate and master's degrees

in nursing from Chamberlain University in Downers Grove, Illinois. She has over 10 years of experience providing patient care in a variety of clinical settings.

Sarah joins the practice of Raj Cheruku, MD. Her office is located at Shannon Clinic Magdalen, 102 N. Magdalen.

For more information or to schedule an appointment, please call 325-481-2025.



GARRETT SHEPPARD, PA-C
NEUROSURGERY

Garrett received his bachelor's degree from Angelo State University. He earned

his Master of Science in Physician Assistant studies at Hardin-Simmons University in Abilene, Texas. He is a member of both the American Academy of Physician Assistants and the Texas Academy of Physician Assistants.

Garrett joins the practice of Luis Duarte, MD, at Shannon Clinic Magdalen, 102 N. Magdalen.

For more information or to schedule an appointment, please call 325-481-2193.



JENNIFER SLAVEN, APRN, CNS
OB/GYN

Jennifer received her bachelor's and master's degrees

from Angelo State University. She has over 13 years' of medical experience in obstetric and gynecological patient care.

Jennifer's office is located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road.

For more information, please call 325-747-8090.


VOLUNTEER
Spotlight


JOE PAUL SHIRLEY

Family-owned business, Shirley Floral Company, has been in existence for 66 years; Joe Paul has been actively involved for about 40 of those years. San Angelo residents may remember “Shirley’s Good Neighbor Day,” where a dozen free roses were given out to those who woke up early enough to get in

line to receive the flowers and pass them out to others. This was Shirley’s way of showing appreciation for the community’s support and business. First giveaway was 10,000 roses, which were gone in 30 minutes. The handout increased to 20,000 for the rest of the Good Neighbor Days, which continued for 13 years. The monetary value was estimated to be around \$73,000 if the roses had been sold individually.

Joe Paul not only followed his father, Bill, in the floral business but claims the reason he is a volunteer is that his father inspired him. Bill served at Women’s and Children’s while Joe Paul served at the Southwest Clinic and has just begun serving at the Harris Clinic. As he shares moments while being interviewed, he asked if he could put in a word or two on what would he tell those wanting to volunteer. He quickly replied, “Pay it forward.” As a Volunteer, he takes his commitment seriously. His humility, compassion, altruism and benevolence make him a “gentleman to behold.”

EVENTS CALENDAR

JUNE 5

CMN Annual Celebration Telethon | 6:30 - 10 pm
 Watch Live on KLST-TV!

The annual CMN Telethon provides the opportunity to recognize and thank our donors and sponsors while raising funds toward our annual wish list. Watch miracles happen live on KLST-TV and streaming live online at ConchoValleyHomepage.com and the KLST Facebook page! Special segments will feature the 2021 Miracle Children and their stories. To make a donation, or for more information, call 325-481-6160.

JUNE 8

Safe Kids San Angelo Summer Safety Event | 4:30 - 6:30 pm
 Shannon South Covered Parking Lot
 3501 Knickerbocker Rd.

This event is designed to help educate how to keep kids safe while having fun this summer. Free life jackets and fittings will be provided by Safe Kids while supplies last. Children must be present to receive a jacket and be fitted. Car temperature tests with DPS and TxDOT will be offered, as well as hands-only CPR demonstrations by the SAFD. For more information about Safe Kids San Angelo, contact Jamie Harden at 352-947-6130.

JULY 23

CMN “Murder at Sea!” Mystery Dinner | 6:30 pm
 Cactus Hotel Ball Room
 36 E. Twohig

Foster Communications presents “Murder at Sea!”. The murder mystery dinner includes entertainment, a three course dinner, complimentary beer and wine, and a live auction. Come earn your chance to guess “who done it” to win \$500. Tickets can be purchased at the CMN office. All proceeds benefit the Children’s Miracle Network at Shannon. For more information, call 325-481-6160.



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Our Mission

*Founded on a legacy of caring,
 Shannon is a locally owned
 healthcare system dedicated to
 providing exceptional healthcare for
 our family, friends and neighbors.*