

STETHOSCOOP

**ON A
MISSION
FOR CHILD INJURY
PREVENTION**

**SAFE
K:DS**
SAN ANGELO

Led by


SHANNON



ASSOCIATE *Accomplishments*

All individuals have been nominated by a patient, a patient's family or another Associate for being exceptional and going above and beyond their duties.

DAISY AWARD



Jan Pipkin
PACU-South
February Winner



Josh O'Dell
4 North
April Winner



Margaret Kruse
Skilled Nursing
April Winner



Maria Deleon
Comm Center
April Winner



Pauline Ward
FNS-South
April Winner



Sonia Fuentes
Courier
May Winner



Rebecca Long
Chaplain
May Winner

CLOVER AWARD



Yahel Fickle
4 South
March Winner



Hattie Hoffman
4 North
April Winner



Elizabeth Aguirre
Surgery
April Winner



Maribel Prieto
6 North
May Winner



Tina Flores
BHC
May Winner

Congratulations

**to the Nurse Resident
Graduates from Cohort 6!**

Victoria Baca, RN
Kylie Michelle Baker, ADN, RN
Kailey Bridges, BSN, RN
Taylor Cantrell, RN
Bri Dailey, BSN, RN
Nicole Eisenbach, RN
Madison Elderton, BSN, RN
Katherine Elliott, BSN, RN
Rebecca Emerson, ADN, RN
Elena Fancy, RN
Presley Fisher, BSN, RN
Meghan Galbreath, BSN, RN
Angelica Galvan, RN
Sierra Guerrero, RN

Hannah Hail, RN
Danielle Marie Hannah, BSN, RN
Lexie Nicole Hayes, BSN, RN
Jose Enrique Hernandez, RN
Kaylee Hodnett, RN
Carissa L. Hogeda, BSN, RN
Fallon Key, RN
Karyn Lisoski, ADN, RN
Shelbi E. Lockett, RN
Julia Madrid, RN
Maira Munoz, ADN, RN
Ty Bryan Neff, BSN, RN
Nolan Osanski, BSN, RN
Richa Phuyal, BSN, RN

Baylen Pierce, RN
Monica Rodriguez, RN
Danielle Rose, RN
Shelly Ross, BSN, RN

Jodi Saldivar, ADN, RN
Erin Sloan, ADN, RN
Jessica Stieler, RN
Kalen M. Winger, BSN, RN





ON A MISSION FOR CHILD INJURY PREVENTION

Preventable injuries are the number one killer of kids in the United States. Every year, 8,000 American families lose a child due to an injury that could have been prevented. Additionally, nearly 7.7 million children in the United States are treated for injuries in emergency departments annually.

Safe Kids is a worldwide, nonprofit organization dedicated to educating children and their families on ways to prevent traffic injuries, drownings, falls, burns, poisonings and more. Safe Kids San Angelo works with families and communities to share education and keep children safe from preventable injuries.

The Safe Kids San Angelo coalition was formed in 1995 when a local pediatrician Dr. Jane Rider saw the importance of identifying childhood injuries and how to better prevent them in our community. With the support of San Angelo Community Medical Center as the lead agency, various public safety and public health agencies collaborated to establish a committee and a plan of action focused on reducing preventable injuries in our community.

Since the recent acquisition of Community Medical Center, Shannon is now proud to serve as the lead organization for Safe Kids San Angelo and further support the important work of this organization. Safe Kids San Angelo continues to assess community needs and focus on public awareness, education, public policy advocacy and community action. The partnership is committed to our mission of reducing unintentional childhood injuries; through hosting several educational events for the public throughout the year, including:

- Road safety, including car seat inspections/installations and seat belt laws.
- Water safety, including drowning and the use of proper personal floatation devices.
- Bike safety, including helmets and bicycle/pedestrian laws.
- Home safety, including falls, fire and burn prevention, poisoning, medication safety and outdoor play.

For more information about Safe Kids San Angelo, please contact Jamie Harden at 325-947-6130 or via email at JamieHarden@ShannonHealth.org.

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Led by



SUMMER SAFETY TIPS FOR CHILDREN

Heat Safety Tips:

- Never, under any circumstance, leave a child in a car. Car temperatures are much higher inside than that outside when turned off. Even a short period of time being exposed to these temperatures can have significant effects on a child's health.
- Look for signs of heat stroke in warmer weather. Children often show milder symptoms such as heat cramps and heat exhaustion before a heat stroke. Make sure they are taking plenty of water breaks and wear lightweight clothing while outside.
- Kids are more prone to dehydration than adults. Water intake varies by age and activity level, but a general rule of thumb is to take half the child's weight (up to 100 pounds) and that's the number of ounces they should drink every day.

Swimming Safety Tips:

- Keep a close eye on children while in or around water. Limit distractions and stay close in order to assess potential risks.
- Teach children to swim with an adult or buddy, and that swimming in open water is not the same as swimming in a pool. Be aware of uneven surfaces, river currents, ocean undertow and changing weather.
- Use a U.S. Coast Guard-approved life jacket or personal floatation device (PFD) for your children. Water wings, noodles, and other floatation toys are not appropriate to be used as a PFD.

Summer Travel Safety Tips:

- Always remember to buckle your child—no matter what the distance is you are travelling.
- Check your car seat before every trip to make sure it is installed correctly and fitted comfortably and securely for your child.
- Heatstroke is the leading cause on non-crash, vehicle-related deaths for children. Never leave your child alone in a car, not even for a minute.

NAVIGATING YOUR CANCER JOURNEY



Information and decisions following an initial cancer diagnosis can often be frightening and confusing. Kelsey Coffman is the new Shannon Oncology Nurse Navigator whose job is to empathize with patient needs and provide advocacy to guide and support them through their cancer journey.

As a nurse navigator, Kelsey will serve as a single point of contact for patients' needs and questions. She will coordinate seamless multidisciplinary and oncology care, as well as help engage any services and resources patients may need. Kelsey's job is to work with the patient to provide information to make their visits easier, help decrease any barriers to care that may arise, and provide aid in personalizing plans for care for each individual.



Meet and learn more about Kelsey Coffman, RN, Oncology Nurse Navigator!

What was your job prior to being a Nurse Navigator?

I was a nurse with Dr. Cheruku in Oncology for almost two years.

Tell me a little about your job, what you get to do and how you are able to support the patients.

My goal is to empower, educate and walk with patients through their cancer journey. Once they're diagnosed with cancer, it can be really overwhelming. Sometimes they don't know what their next steps are, so my goal is to explain everything so they can get some of their questions answered prior to seeing their provider.

Do the patients come see you first before going to their Oncology Provider?

Yes; I get in contact with them whenever they receive their diagnosis. I explain as much as I can to decrease their anxiety and stressors, as well as work to solve their barriers, such as finances and traveling, before they ever step foot into the oncologist's office. A lot of times, the transition from the hospital to the clinic is overwhelming, and patients may have trouble following through to get treatment. Whether they have issues like not having a ride or being scared to face their diagnosis, I can step in and do anything I can to give them resources to help.

What are your primary goals for your patients?

My goal is to be a patient advocate and help them feel better about their cancer diagnosis by personalizing their cancer care plan. I want to help them fight their battle and handle the things they don't need to worry about during their journey.

I also work a lot on the survivorship side. Once they have gone through treatment, I set up support groups and become the point of contact while they monitor their remission status and checkups. They don't have to call and wait for a Provider to answer their questions—they can just call me and I can help them through anything they are struggling with.

What made you want to be a cancer navigator?

I wanted to be able to stand by the patient and be their advocate. I wanted to be able to get to know them more.

What would you say is your favorite part about your job?

My favorite part is getting to know the patients. I have a feeling I'm going to get really close with them, which may be really hard on me, but I love it. I love getting to know them personally, figuring out what drives them and what their goals are in life and what they want to accomplish.

For more information, please contact the Kelsey Coffman, RN, Oncology Nurse Navigator, at 325-747-3994 or email CancerEmpowerment@ShannonHealth.org.



A CMN Murder Mystery Event benefiting the Children's Miracle Network at Shannon Medical Center.

FRIDAY, JULY 23

**CACTUS HOTEL BALLROOM
36 E. TWOHIG | 6:30 PM**

Three Course Dinner
Complimentary Beer & Wine
Chance to guess "Who did it" to win \$500
Black Tie Optional

Individual Tickets: \$75 | Reserved table of 8: \$600

For more information, call 325.481.6160.



COMING TOGETHER *for a Cause!*

Shannon appreciates the support of the community at the following events every year. Join us as we provide education for our community for the detection and prevention of breast cancer. All proceeds from these events help local women in their battle against this disease with the latest advancements in detection and treatment offered here in our community.



PRESENTED BY
THE BANK & TRUST

**Monday, September 27
San Angelo Country Club**

Four-person scramble: \$125 per player
Registration and lunch: 11:30 am
Shotgun start: 1 pm

Tee off for a great cause!
Player's fee includes golf, a special player's gift, lunch and complimentary snacks and drinks on the course. Proceeds from this tournament benefit patient programs at the Shannon Oncology Center and Cancer Empowerment & Resource Center at Shannon.

For more information, please call 325-657-8343.



14TH ANNUAL SHANNON
PINK RIBBON RUN



SATURDAY, OCTOBER 5

**Shannon Women's & Children's Hospital | 201 E. Harris
Registration: 7 am | 1-mile walk: 8 am | 5K and 10K: 8:30 am**

This is the 14th anniversary of the Shannon Pink Ribbon Run! The Run is a fun, family event. Deck out in pink, sign up a team and compete for the "Team Spirit" trophy. The first 800 registrants will receive a Shannon Pink Ribbon Run t-shirt. Breast Cancer Survivors participate at no cost. **For more information, call 325-657-8343 or register online at ShannonHealth.com.**

SHANNON CLINIC WELCOMES



OUR NEWEST PROVIDERS



ANTOINE GHABY, DO
HOSPITALIST

Dr. Ghaby received his bachelor's degree from the University of California – Los Angeles in Los Angeles, California. He received his medical degree from Midwestern University – Arizona College of Osteopathic Medicine in Glendale, Arizona. He then completed his internal medicine residency at the University of Texas Health Sciences Center San Antonio.

Dr. Ghaby specializes in treating patients within the hospital care setting.

For more information, please visit ShannonHealth.com.



JAUDAT MAHMOOD, MD
PAIN MANAGEMENT

Dr. Mahmood received his bachelor's degree from the University of Texas in Austin and his master's degree from the University of North Texas Health Sciences Center in Fort Worth. He received his medical degree from Texas Tech University Health Sciences Center in Lubbock. He completed his anesthesiology residency at the University of Illinois Hospital and Health Sciences System in Chicago, Illinois, and his

interventional pain management fellowship at Mount Sinai Hospital in New York, New York.

Dr. Mahmood is accepting patients at his office located at Shannon Clinic Beauregard, 120 E. Beauregard.

For more information, please call 325-747-8020.

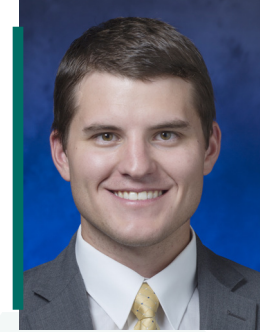


ESTEFFANY MEDINA, MD
FAMILY PRACTICE

Dr. Medina received her bachelor's degree from Chapman University in Orange, California. She received her medical degree from Howard University College of Medicine in Washington, DC. She then completed her family medicine residency from Spohn Family Medicine – CHRISTUS Health Program in Corpus Christi.

Dr. Medina is accepting patients at her office located at Shannon Clinic South 1, 2142 Sunset Drive.

For more information or to schedule an appointment, please call 325-245-4262.



LOGAN NIEHUES, MD
EMERGENCY MEDICINE

Dr. Niehues received his bachelor's degree from Angelo State University and his medical degree from Texas Tech University Health Sciences Center School of Medicine in Lubbock. He completed his emergency medicine residency at the Baylor Scott and White Health in Temple. A Wall native, Dr. Niehues looks forward to returning to the community to provide care.

For more information, please visit ShannonHealth.com.



ALBERT NWABUEZE, MD
EMERGENCY MEDICINE

Dr. Nwabueze received his bachelor's degree from George Mason University in Fairfax, Virginia. He then received his medical degree from Howard University College of Medicine in Washington, DC. He completed his emergency medicine residency at Pennsylvania State University – Hershey Medical Center in Hershey, Pennsylvania.

For more information, please visit ShannonHealth.com.



ELIZABETH ORTIZ-GONZÁLEZ, Ph.D.

PSYCHOLOGY

Dr. Ortiz-González received her bachelor's degree from Central University of Venezuela in Caracas, Venezuela. She received her master's degree in psychology and doctorate degree in clinical psychology from Texas Tech University in Lubbock. She completed her pre-doctoral psychology internship and post-doctoral pediatric fellowship at Texas Child Study Center at Dell Children's Medical Center in Austin.

Dr. Ortiz-González is accepting patients at her office located at Shannon Clinic Beauregard, 120 E. Beauregard.

For more information or to schedule an appointment, please call 325-481-2225.



JAICUS SOLIS, MD

ORTHOPEDIC SURGERY & SPORTS MEDICINE

A native of San Angelo, Dr. Solis received his bachelor's degree from the University of Texas in Austin, where he also played football. He then completed a master's degree from the University of Texas at Dallas and received his medical degree from the University of Texas Health Science Center in San Antonio. He completed his orthopedic residency at Baylor University Medical Center in Dallas and his sports medicine fellowship at Cleveland Clinic in Cleveland, Ohio.

Dr. Solis is accepting patients at his office located at Shannon Clinic Jackson, 2237 S. Jackson.

For more information or to schedule an appointment, please call 325-747-2292.



SHOOK-MING TAYLOR, DO

EMERGENCY MEDICINE

Dr. Taylor received her bachelor's degree from the University of Virginia in Charlottesville, Virginia and her medical degree from Arizona College of Osteopathic Medicine in Glendale, Arizona. She completed his emergency medicine residency at Texas Tech Health Sciences Center in El Paso. She is board certified by the American Board of Emergency Medicine. She comes to San Angelo from Henderson, Nevada, where she has practiced as an emergency medicine physician and also served as a clinical assistant professor at Texas Tech Health Science Center in El Paso.

For more information, please visit ShannonHealth.com.



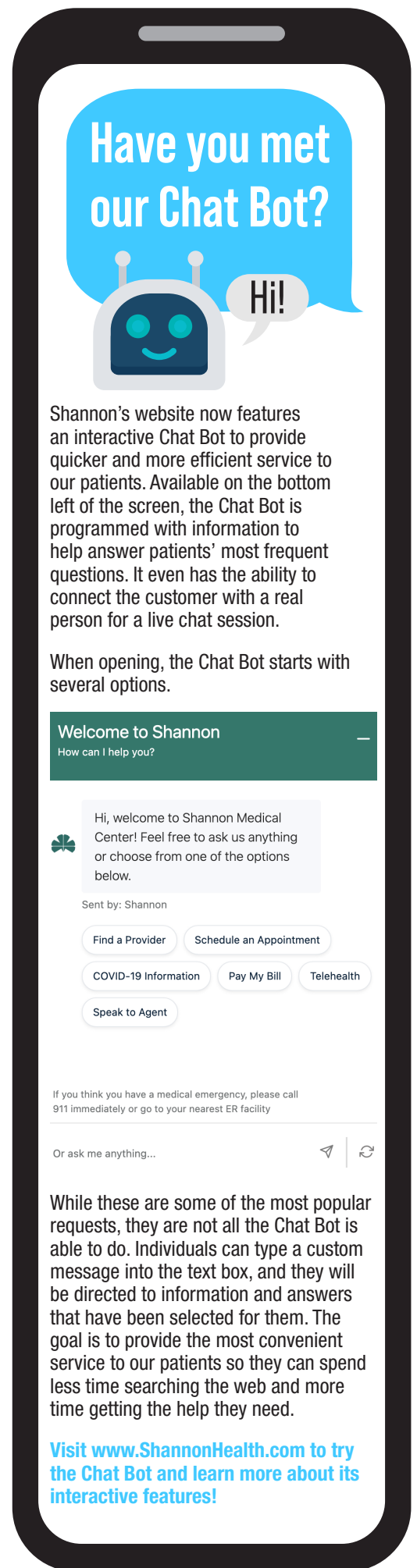
JOSIAH WARD, DO, FAAP

PEDIATRICS

Dr. Ward received his bachelor's degree from Whitworth University in Spokane, Washington, and received his medical degree at Pacific Northwest University of Health Sciences in Yakima, Washington. He completed his pediatric residency at San Antonio Uniformed Services Health Education Consortium (SAUSHEC) in San Antonio, Texas. He is board certified by the American Board of Pediatrics.

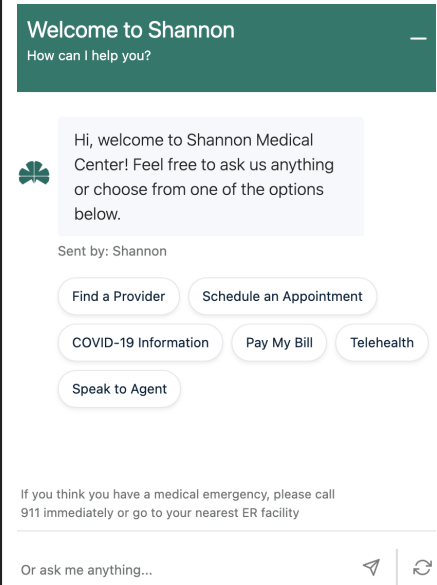
Dr. Ward is a Major in the United States Air Force and most recently served patients in the 17th Healthcare Operations Squadron at Goodfellow Air Force Base. He is accepting new patients at his office located at Shannon Clinic South 2, 2141 Hamilton Way.

For more information or to schedule an appointment, please call 325-245-4301.



Shannon's website now features an interactive Chat Bot to provide quicker and more efficient service to our patients. Available on the bottom left of the screen, the Chat Bot is programmed with information to help answer patients' most frequent questions. It even has the ability to connect the customer with a real person for a live chat session.

When opening, the Chat Bot starts with several options.



While these are some of the most popular requests, they are not all the Chat Bot is able to do. Individuals can type a custom message into the text box, and they will be directed to information and answers that have been selected for them. The goal is to provide the most convenient service to our patients so they can spend less time searching the web and more time getting the help they need.

Visit www.ShannonHealth.com to try the Chat Bot and learn more about its interactive features!

VOLUNTEER



Spotlight



CONNIE ROGERS

Connie Rogers is a San Angelo native who attended Angelo State College for two years after graduating high school. She married Daryl Rogers in September of 1967; they are blessed to have been married for 54 years this September. They are active members of Johnson Street Church of Christ.

With Daryl's career with El Paso Natural Gas, Connie and Daryl have lived in Jal, NM, Midkiff, Algeria and Denver City. They have two sons and two grandsons.

Connie did alterations for a dry cleaning business for ten years in Denver City. Her skills were appreciated when she and Daryl were

band parents, as she did many alterations on the band uniforms, as well as helping with several other activities.

Connie and Daryl traveled to Washington, D.C. for their 51st anniversary. They have gone on several cruises traveling to Alaska, Panama Canal and the Caribbean. They have also enjoyed camping often in Colorado.

We can thank Dot Harrod for recruiting Connie as a Shannon Volunteer 14 years ago in August. Connie has served as President Elect, President, Vice President of Community Relations, and is currently Parliamentarian. She has worked in the Gift Shop and is now Service Head of the morning volunteers there.

Connie enjoys meeting the people and helping them in the Gift Shop and hopes to make their day brighter. We know that she does and are thankful for her service to Shannon.



STETHOSCOOP

is published by
Shannon Medical Center

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Our Mission

*Founded on a legacy of caring,
Shannon is a locally owned
healthcare system dedicated to
providing exceptional healthcare for
our family, friends and neighbors.*