

STETHOSCOOP

Meet

Moxi

*our new teammate
to save staff time
and steps!*



Moxi

our new teammate to save staff time and steps!

Shannon has partnered with Diligent Robotics to bring in new technology to support the work of our nurses and clinical teams. Moxi, a point-to-point delivery robot, helps clinical staff spend less time doing everyday tasks that take them away from the units so they can spend more time providing care to their patients.

According to research studies, approximately 30 percent of nurses' time during their shifts is spent running items to and from their departments. As an extension to the tube delivery system already being utilized, Moxi was implemented to take some of that work load off nursing staff by running the errands for them. Moxi securely transports and retrieves items such as medications, supplies and equipment.

"At Shannon, our people are our most important resource in delivering care to our patients," Pam Bradshaw, DNP, RN, FAONL, MBA, NEA-BC, COO at Shannon Medical Center, said. "Our goal for Moxi is to be a helpful teammate that relieves some of the burden on our staff and really lets them focus on the work with our patients that requires their extensive training and expertise."

Currently, Shannon has two Moxi units at the Downtown Campus. These units are in service 24/7 and only need to charge two hours per day. The robots will not interact with patients or visitors, but will simply help retrieve and deliver items to staff upon request.

Each Moxi robot has three bins, all varying sizes, which are capable of transporting items; this enables the robot to have up to three tasks in its queue at a time. Each task is completed in chronological order of how they were received, meaning the item being sent will go directly to the destination in the order it was logged before it starts on another task. The recipient of the items will scan their badge in order to unlock the bin, so no unauthorized person will be able to open it and take whatever is inside. Moxi can carry

almost all samples, however it cannot refrigerate anything.



Our goal for Moxi is to be a helpful teammate that relieves some of the burden on our staff and really lets them focus on the work with our patients that requires their extensive training and expertise.

- Pam Bradshaw

DNP, RN, FAONL, MBA, NEA-BC, COO
SHANNON MEDICAL CENTER



Currently, Moxi is capable of going to any patient unit, including the ED, PACU and ICU. It can also travel to Central Supply, Inpatient Pharmacy and the Lab. The robot is not allowed in patient rooms and is unable to travel outside the building. In the near future, Moxi will be able to go to the Women's and Children's Hospital via the Concourse.

"Team members from Diligent have been here since the robots arrived in November," Steven Short, Director of Innovation, said. "Through its sensors, cameras and AI technology, Moxi has been learning the map of the Downtown Campus and can now operate almost completely on its own. The only actions Moxi needs assistance with right now is calling for an elevator and opening certain doors. We plan to have the robots fully capable of using their arms to operate elevators and all doors within the next couple of months."

The sensors and cameras on Moxi enable it to



navigate around walls, objects and people. It is programmed to move slower in high traffic areas. In the event of an emergency, Moxi has a red button at its base that can be pushed, which allows the robot to be manually pushed out of the way. Once the traffic is cleared, push the button again and it will regain control of its motion.

"We are very excited and are hopeful this will be a great help to our team," Short said. "The goal is to be able to cut 50 percent of tasks nurses are currently doing that take them off the unit. If we are able to assist our nursing staff this way, we feel as though we are able to help our patients have a better experience while in the hospital."

Shannon did not purchase the Moxi robots. They are utilized on a subscription-type basis and are paid on a "per task" basis. This allows for continual updates to the robots as they are developed.

"Shannon is one of the first hospitals to implement a Moxi robot into their health system," Short said. "The robots will be piloted at the Downtown Campus until May to see how well the technology works within the hospital and with our staff. From there, we will decide on a plan of action for further integration."



For more information, please visit www.ShannonHealth.com/Moxi.

Exciting Changes for



We are excited to announce some big changes for our Shannon On Demand service.

Shannon On Demand makes it easy for you to talk to a healthcare provider for minor medical needs through a virtual visit in the comfort of your home, office, or on the go. You can visit with a provider face-to-face over your mobile device or computer.

Now, all On Demand care will be provided exclusively by Shannon Providers - care from local providers you trust.

Our providers will use our Shannon Virtual Care system, so you no longer need to use the On

Demand App. Instead, simply call us to call us at 325.747.4848 to start your visit.

How it Works:
Our On Demand representatives are available 24/7 by calling 325.747.4848. We will register you over the phone, and collect your health insurance and billing info. We will collect your insurance co-pay. Visits are \$59 without insurance. You will then be placed in our Virtual Waiting Room.

Once your provider is ready to see you, we'll send you a link via text or email to access your video visit using your mobile device or

computer. Once you click the link, you can start your visit and start feeling better.

All of your visit info will be available in your Shannon MyChart account.

Shannon On Demand is available anywhere in Texas, so you can still use us on the go.

If you should need a prescription after your visit, we also offer the ability to have your prescription delivered to you from Shannon Pharmacy or Medical Arts Pharmacy for just a \$3 fee. All you have to do is designate either of these as your preferred pharmacy during your On Demand

visit. Delivery is available from 9 am to 6 pm, Monday through Friday.

Shannon On Demand is recommended for non-urgent, common health conditions including:

- Bronchitis
- Vomiting
- Cough
- Diarrhea
- Sinus infection
- Fever
- Sore throat
- Urinary tract infection
- Pinkeye
- Flu
- Sprains and strains
- Cold
- Respiratory infection
- Headache

To learn more, visit www.ShannonOnDemand.com

SHANNON *Service* AWARDS 2022

5 YEARS

Dr. Abner Acevedo, Hospitalist
Veronica Adame, Orthopedics
Damacio Aguilera, Radiology
Christopher Aldridge, EMR
Ruby Alvarado, Radiology
Katherine Amonett, Accounting
Stacy Arnold, Nuclear Medicine
Brianna Arranaga, Float Pool
Rebecca Arzate, Pharmacy
Jessica Ayers, Neuro Rehabilitation
Erica Balli, Family Practice
Charles Banks, EMR
Dawn Bankston,
Patient Access Services
Hollie Barron, Laboratory
Molly Bennett, EMR

David Bickford, Dermatology
Melissa Blackwell, Gastroenterology
Haylea Bogs, Urology
Louanne Born, Administration
Dr. Frank Bozyan, Hospitalist
Rebecca Braden, Orthopedics
Stephanie Breckenridge,
Big Spring Clinic
Lacey Brown, Radiology
Misty Brungot, Pulmonology
Caroline Bryan, Business Office
Dianna Bryan, Business Office
Kristeena Buselli, Pediatrics
Adan Capuchina,
Medication Reconciliation
Patrick Cardenas, Surgical Services
Casey Castillo, Endocrinology

Dahlia Castro, Radiology
Monica Castro, Family Practice
Jennifer Cedillo, Radiology
Frances Chacon, Business Office
Chuck Chadwick, Pharmacy
Prissy Coronado, Orthopedics
Amy Crouch, Laboratory
Britney Cummings, Labor and Delivery
Lauren Curry, Emergency Services
Leanne Deboice, Physical Medicine
Isaac Delacerda, EMR
Vanessa Deleon, Surgical Services
Kinsey Dixon, ICU
Mandi Dominguez, Nephrology
Julie Dooley, Quality Resources
Dr. Kristy Edwards, Family Practice
Dr. Mark Edwards, Urgent Care

Julia Eggleston, Health Club
Trudy Elkins, Quality Resources
Connor Empey, Neurosurgery
Monica Enriquez, Laboratory
Sara Escalante, Emergency Services
Lori Escobar, Registration
Andrew Espinoza,
Emergency Services
Brooke Farris, Family Practice
Courtney Farris, Family Practice
Myda Fay, OB/GYN
Marisa Feagan, Surgical Services
Dr. Chris Ferguson, Family Practice
Kyle Fischer, Radiology
Toni Flores, Patient Care Services
Amber Fort, Radiology
Anjelica Frausto, 4 North

Marina Fuentes, Business Office
Leanna Garcia, Business Office
Michele Garcia, Business Office
Desiree Garcia, ICU
Paula Garrison, Neurology
Zan Gassiot, EMR
Dr. Robert George, Hospitalist
Gloria Gisch, Pharmacy
Monica Gloria, BHS
Alejandra Gloria, Radiology
Natalie Glover, 4 South
Griselda Gomez, Surgical Services
Alexis Gonzales, 5 South
Henry Gonzales, Laboratory
Oliver Gonzalez, EMR
Jacqueline Guerrero, Urgent Care
Brenda Guerrero Cervantes, Radiology
Juan Gutierrez, 5 North
Mandy Gutierrez, Surgical Services
Melissa Guzman, 6 South
Craig Harlow, Engineering
Summer Harris, EVS
Tammy Harrison, Otolaryngology
Andrea Hartin, OB/GYN
Brendi Henry, Gastroenterology
Alyssa Heredia, Pediatrics
Brittany Hernandez, Urgent Care
Maleny Hernandez, 5 South
Vickie Hetzler, HIM
Katherine Hill, Case Management
Karen Houk, Ophthalmology
Marsha Hunt, Business Office
Dr. Julia Hutchinson, Hospitalist
Lynn Janzen, Health Club
Jill Johnson, 4 South
Mitchell Johnson,
Emergency Services
Amy Jones, Endocrinology
Sandra Jones, EMR
Anthony Jost, EMR
Rebecca Kemp, Home Health
David Kemp, Facility Safety
Dr. Andrew King, Sports Medicine
Dr. Crystal Kirkland, Hospitalist
Jana Klein, Business Office
Dolores Lee, Occupational Medicine
Denver Lewallen, EMR
Matthew Lindsey, EMR
Angela Loehman, OB/GYN
Emma Lopez-Saucedo,
Labor and Delivery
Jose Losoya, EMR
Carletta Luman, Speech Therapy
Kayla Luz, Human Resources
John Madero, EMR
Gwyna Magness, Business Office
Halie Marek, EMR
Erika Martin, Labor and Delivery

Chelsea Martin, OB/GYN
Luke Martin, Materials Management
Donika Martinez, Emergency Services
Dr. Felix Marti-Rivera, Family Practice
Charlotte Matschek, Family Practice
Allison Mayer, Surgical Services
Russell McCann, EMR
Renee McColgan,
Emergency Services
Christine McCormick, EMR
Toni McCulloch, Family Practice
Dr. Anthony McDonald, Hospitalist
Randi McEnrue, Urology
Amber Medart, Family Practice
Debohra Miller, Allergy
Monica Mitchell, Surgical Services
Gricel Mohling, Dermatology
Maybelle Monreal, Practice Manager
Micaela Moore, Histology
Andra Moses, Dermatology
Adilene Mota, OB/GYN
Dr. Chali Mulenga,
Emergency Services
Dianille Munos, Pain Management
Iran Muro, Access Clinic
Jada Mystic, Family Practice
Cala Norris, 4 North
Amanda Olvera, Registration
Brent Palowski, Lean Projects
Dr. Sanjay Patel, Urgent Care
Angelika Perez, Surgical Services
Kassandra Perez, Radiology
Maria Perez, OB/GYN
Dr. Kenneth Perret, Pulmonology
Oupekha Phangsavanthong, EMR
Andria Picaso, Laboratory
Dr. Jason Pizzola, Access Clinic
Hannah Poerner, Surgical Services
Nancy Prendez, Practice Manager
Dr. Jennifer Punnoose, Hospitalist
Corina Quinonez, Neurosurgery
Sabryna Ramirez, PAR
April Ramirez, Business Office
Toby Redden, ASU Student Clinic
Cristela Reyes, BHS
James Rios, Respiratory Therapy
Angelica Rivero, Float Receptionist
Myra Robles, Internal Medicine
Diana Rodriguez, Radiology
Tyler Rodriguez, IT
Robert Romatowski, Urgent Care
Savana Rosenbusch,
Surgical Services
Dr. Scott Ross, Urgent Care
Danielle Samaniogo, Surgical Services
Sonia Sanchez, Family Practice
Jennifer Sanchez, Pediatrics
Robert Sanchez, MedSurg

Sylvia Sanchez, Urgent Care
Tanya Saucillo, Business Office
Jordan Sentena, Radiology
Kristen Sestric, Cardiology
Kerri Sonnenberg, Electrophysiology
Vivek Soolapany Warriar,
Human Resources
James Starnes, Nuclear Medicine
Sadie Telles, Telemetry War Room
Kristi Thompson, Surgical Services
Shelby Timms, Surgical Services
Dee Torres, Surgical Services
Marselino Torres, Dialysis
Teresa Turuda, Family Practice
Dr. Kristi Urias, Anesthesiology
Lana Vaughn, Business Office
Melissa Veal, Urgent Care
Cynthia Vega-Bart, Family Practice
Juanita Velasquez, EVS
Carrie Venzor, Pharmacy
Megan Vick, Wound Care
Christina Vick, Surgical Services
Dr. Kathie Voigt-Field, Urgent Care
Bryan Voss, AirMed
Brandi Weathersbee, Radiology
Edward Welch, EMR
Latosha White, EMR
Samantha White, Laboratory
Jessica White Harvey, 6 South
Christina Williams, Oncology
Audrey Wilson, EMR
Bienvenilda Wood, Urgent Care
Dr. Michael Wood, Hospitalist
Amantha Wright, Oncology
Aimee Wright, Gastroenterology
Carol Wyatt, Laboratory
Karyn Yanez, OB/GYN
Jessica Ybarra, Business Office
Crystal Zapata, Telemetry War Room
Jeffrey Zeigler, Nuclear Medicine
Berlynn Zuniga, Neurology
Delma Zuniga, Business Office

10 YEARS

Dr. Stuart Abramson, Allergy
Anna Aguero, Business Office
Angelita Barron, HIM
Alfredo Becerra, Emergency Services
Dr. Samia Benslimane, Cardiology
Rebecca Bonner, Pediatrics
Amanda Bowie, Medical Records
Dr. Elisa Brantly, Urology
Haley Burg, ICU-PCU
Amy Burttschell, Registration
Paulette Cabrera, 5 North
Sharon Chapman,
Tom Green County Jail
Amy Coats, Emergency Services

Misty Collier, Labor and Delivery
Carol Cooper, Internal Medicine
Christl Coppedge, Compliance
Cheri Cotton, Health Club
Dr. Kimrey Daniel,
Emergency Medicine
Patricia Dela Cruz, Business Office
Esmeralda Dominguez,
Coumadin Clinic
Michael Duncan, 4 North
Anna Fierro, 5 North
Laura Galvan, Labor and Delivery
Angelica Garcia, Surgical Services
Daniel Garcia, Cardiac Services
Heather Gipson, Surgical Services
Rosalinda Gonzales, Communications
Misti Greenlee, ICU
Patricia Guerra, Float Pool
Samantha Gully, Surgical Services
Dr. Kelly Hallmark, Pathology
Amanda Hamilton, Case Management
Kara Hilmes, Neurosurgery
Dr. Scott Hodge, Emergency Medicine
Sherry Huckabee, OB/GYN
Kary Johnson, Family Practice
Brenda Johnson, Registration
Debora Jones, Pediatrics
Samuel Justiss, Orthopedics
Jennifer King, Hematology/Oncology
Margaret Kruse, SNF
Terri Lane, Compliance
Estephanie Ledesma, 5 South
Angel Lopez, OB/GYN
Erica Martinez, NICU
Dulce Mascorro, Wound Care
Twila McMurtrey, Practice Manager
Kelsy Millican, OB/GYN
Antonia Mireles, EVS
Christina Morris, ICU
Sean Murphy, Registration
Sandra Myers, Physical Therapy
Anita Navarro, 4 South
Zachary O'Neal, Urgent Care
Petra Orrosquieta, OB/GYN
Linda Ortiz, OB/GYN
Shauna Owens, Physical Therapy
Adriana Perez, Radiology
Dr. Lorena Perez-Povis,
Infectious Disease
Dr. Stephan Pizzola, Anesthesiology
Bianca Ramirez, Business Office
Juanita Ramirez, Patient Services
Kari Rector, Radiology
Leticia Rios, Radiology
Tammy Royall, Urgent Care
Ashley Ruiz, Pharmacy
Jose Ruiz, Business Office
Anne Said, Ophthalmology

Jeremiah Samarripa, Cardiac Services
Katrina Sanchez, Rheumatology
Dr. Norma Cerna, Family Practice
Mary Kate Stout, Laboratory
Melanie Thomas,
Hematology/Oncology
Luz Torres, Surgical Services
Laura Valdez, EVS
Chelsea Valdez, Surgical Services
Kayla Welge, OB/GYN
Brandi Whitehead, Surgical Services
Dr. Todd Williams, Anesthesiology
Pamela Wilson, Health Club
Genivive Wojtek, Emergency Services

15 YEARS

Crystal Aguilar, Electrophysiology
Susanna Alcantar, Business Office
Isabellily Andros, EVS
Dana Behrens, AirMed
Diane Blanchard, FNS
Susan Boatright, Business Office
Dr. Brian Bradley, Urology
Phoebe Branham, EMR
Bobbie Bryson, 5 North
Dr. Rosalinda Carrizales, OB/GYN
Summer Clements,
Emergency Services
Leslie Hines, Health & Wellness
Ivy Compton, Business Office
Jennifer Corbitt, Pharmacy
Kimberly Cramer, Surgical Services
Sidney Dickens, Engineering
Laci Dixon, Coumadin Clinic
Dr. Dennis Durham, Hospitalist
Diane Emerson, Dermatology
Donna Erwin, HIM
Stephanie Fisher, Cardiology
Veronica Galindo, Neurology
Altagracia Gallegos, Telemetry
Alejandrina Garcia, Surgical Services
John Guthals, Engineering
Maria Gutierrez, Ozona Clinic
Dr. Lance Hafter, Emergency Medicine
Kaci Halfmann, Quality Resources
Linda Hall, EVS
Dr. John Harvey, Internal Medicine
Dr. Charles Harzke, OB/GYN
Daniel Hernandez, Radiology
Gloria Hernandez, FNS
Stefany Holik, Pediatrics
Rosalba Huerta, Patient Access
Lana Humphreys, Surgical Services
Billy Jackson, Engineering
Amanda John, Perinatal Support
Karen Kinney, Laboratory
Aaron Leech, IT
Olga Lopez, 4 South

Ginger Manis, Family Practice
Anna Montemayor, Surgical Services
Dwayne Moore, Transportation
Dr. Brett Nile, Family Practice
Starsky Oleksiuk, Surgical Services
Dr. Jackie Preston, Hospitalist
Patti Rader, Surgical Services
Dora Rivas, Surgical Services
Debra Robertson, 5 North
Tammie Robinson, Family Practice
Rosalinda Rodriguez, Wound Care
Norma Ruiz, Urology
Christina Samarripa, Podiatry
Nora Samarripa, Communications
Lisa Sanders, Urology
Marlene Santellano, EVS
Glynda Scott, Pharmacy
Tammy Searcy, Cardiac Services
Dana Storch, Radiology
Leanna Torres, Cardiology
Hilda Trejo, Surgical Services
JT Tucker, Chaplain
Michelle Weaver, 5 South
Dr. James White, Family Practice
Jennifer White, Sports Medicine
Marlee Willis, Internal Medicine
Thomas Wingo, Registration

20 YEARS

Alex Aguilera, 5 South
Gabriel Aguilera, FNS
Lydia Aguirre, Materials Management
Roger Bejil, Engineering
Alise Biggs, Surgical Services
Sherry Calcote, HIM
Amalia Chacon, Surgical Services
Dr. Cornelius Chinn, Family Practice
Dr. Chris Cole, Radiology
Susan Cummings, Family Practice
David Falk, Surgical Services
Stephanie Gesch, Nursery
Dr. Matthew Goldman, Ophthalmology
Robin Guillano, Administration
Maura Hagood, Speech Therapy
Priscilla Halamiczek, Human Resources
Shelly Hartin, Human Resources
Angelica Hernandez, Radiology
Silvia Hernandez, Physical Medicine
Raul Hernandez, EVS
Dr. David Huchton, Otolaryngology
Randi Hunt, BHS
Ashley Kasper, Sports Medicine
Patricia Lang, PAR
Sharon Lankford, Podiatry
Jackie Lewis, Surgical Services
Samantha Marsh, Internal Medicine

Crystal Martinez, Family Practice
Rosemary Mata, Business Office
James McCleery, Radiology
Laura Moore, Health Club
Sandra Muncey, Business Office
Kelly Nelson, Family Practice
Patrick Preston, Engineering
Karla Reed, Infusion Clinic
Rita Rios, Ozona Clinic
Carlos Robledo, Pharmacy
Ramiro Rodriguez,
Emergency Services
Bill Torres, Radiology
Dr. Michael Wagnon, Pediatrics

25 YEARS

Gabriel Aguero, Engineering
Consuelo Arredondo, Ozona Clinic
Tabitha Baker, Home Health
Susan Bilano, Ozona Clinic
Sherian Briley, Human Resources
Jessica Chappa, Cardiology
Deeon Covey, Emergency Services
Larry Cuellar, FNS
Gloria Dela Cruz, PAR
Juan Delacruz, Engineering
Yolanda Gomez, Cardiac Cath Lab
Eva Gonzales, Communications
Dr. Darrell Herrington, Family Practice
Bobbie Heath, Internal Medicine
Sylvia Jackson, Family Practice
Patricia Kirkham, Business Office
Holly Klein, EMR
Josephine Lara, Ozona Clinic
June Looka, OB/GYN
Elisa Martinez, Ozona Clinic
Elisia Mascorro, Orthopedics
Anna Perez, Wound Care
Nicole Schwertner, Trauma Services
Elizabeth Shaw, Compliance
Jimmy Shupe, IT
Andra Tomlinson, ICU
Dana Wallace, Surgical Services
Amy Watkins, Home Health

30 YEARS

Dolores Acosta, Cardio Services
Delmira Aguero, Practice Manager
Irma Aguirre, Surgical Services
Rebecca Bartek, RMO
Dr. Herbert Biedermann,
Anesthesiology
Harold Brothers, Pharmacy
Dr. Penni Cambre, Pediatrics
Rebecca Crenshaw, Neurology

Rosa Davis, Physical Medicine
Amanda Dela Garza, Accounting
William Dodson, Radiology
Mary Duryea, ICU
Dr. Viki Forlano, Family Practice
Cynthia Garza, HIM
Hilda Guffey, Laboratory
Carrie Hallman, Physician Recruitment
Dana Hoffman, Labor and Delivery
Gayle Kalina, Radiology
Gail Longo, Business Office
Michael Mata, Anesthesiology
James McAden, Engineering
Angel Noriega, Materials Management
Dr. Yvonne Novak, OB/GYN
Teresa Rainey, Infusion Clinic
Debra Strickland, Radiology
Leslie Vaughn, Business Office

35 YEARS

Brenda Buselli, Surgical Services
Dr. John Cargile, General Surgery
Barbara Columbus, Ophthalmology
Lisa Glasscock, ICU-PCU
Sherri Lee, Cardiology

40 YEARS

Gloria Gutierrez, EVS
Mary Huerta, Surgical Services
Varsa McFadden, OB/GYN
Jan Pipkin, Surgical Services
Jill Plott, Surgical Services
Bertha Rutledge,
Vascular Access Nurse
Brenda Sides, Surgical Services
Pamla Thomas, Laboratory
Georgina Trevino, Labor and Delivery

*Thank
you*

for your service!



ASSOCIATE Accomplishments

All individuals have been nominated by a patient, a patient's family or another Associate for being exceptional and going above and beyond in their duties.

DAISY AWARD



Shayann Hudson
ICU
September Winner



Sushmita Niraula
4 North
October Winner



Jordan Smith
Case Management
September Winner

GEM AWARD



Sheree Delgado
Clinical Educator
October Winner



Kaycee Garcia
4 North
September Winner



CLOVER AWARD

Dawn Spence
BHC
August Winner



Jazmin Valdez
5 South
October Winner



Debra Vaughan
Receptionist
October Winner



Isabel Harding
Surgery
October Winner



Dulce Cortez
4 North
September Winner



Emily Posey
Women's & Children's
October Winner

SHANNON CLINIC WELCOMES

OUR NEWEST PROVIDERS



ELIZABETH ORTIZ-GONZALEZ, PH.D.

PSYCHOLOGY

Dr. Ortiz-González received her bachelor's degree from Central University of Venezuela in Caracas, Venezuela. She received her master's degree in psychology and doctorate degree in clinical psychology from Texas Tech University in Lubbock. She completed her pediatric clinical psychology internship and post-doctoral pediatric fellowship at Texas Child Study Center at Dell Children's Medical Center in Austin. She is certified in Parent-Child Interaction Therapy (PCIT) and is fluent in Spanish.

Dr. Ortiz-González is accepting patients at her office located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road. For more information or to schedule an appointment, please call 325-747-8033.



ELIZABETH GOMEZ, MSN, PMHNP-BC
PSYCHIATRY

Elizabeth achieved her Bachelor's of Science in Nursing from National University in San Diego, California after serving in the United States Navy. She received her Master's of Science in Psychiatric and Mental Health Nurse Practitioner studies from California State University in San Marcos, California. Elizabeth is a Board Certified PMHNP.

Elizabeth is accepting patients of all ages at her office located at Shannon Clinic Knickerbocker, 3555 Knickerbocker Road. For more information or to schedule an appointment, please call 325-747-8033.



PAUL KUDER, APRN, FNP-C
GASTROENTEROLOGY

Paul received his Bachelor's of Science in Nursing and his Master's of Science in Nursing from Angelo State University. A native of San Angelo, he has over 8 years providing patient care in acute patient care and outpatient settings.

Paul joins the practice of Levi Hubble, MD. He is accepting patients at his office located at Shannon Clinic West, 4450 Sunset Dr. For more information or to schedule an appointment, please call 325-481-2277.

LIFELIKE TECHNOLOGY

ENHANCING NURSE EDUCATION

The educators of Shannon's Staff Development team recently implemented a unique, technologically-advanced nurse training tool to help our healthcare staff. SUSIE® S2000 is a wireless, full-body manikin that simulates the functions of an adult patient. Through the control of a tablet, educators can deploy many different pre-recorded vocal phrases and interactive scenarios. They can also speak as SUSIE and listen to the nurse's responses via wireless streaming in order to tailor the skills exercise.

"This program has been in the planning process for about a year now," Danna Mantooh, MSN, RN, Director of Staff Development, said. "We are so excited to be able to offer an advanced nursing patient simulator to our nurse residency students and hospital staff members to help train them for the scenarios they will see with actual patients."

SUSIE's physical and physiological features, along with the patient monitor that shows its vital signs, allow nurses and nursing assistants to use practical skills and real techniques during their learning sessions. Examples of these organs and functions include:



- **NEUROLOGICAL:**

The manikin can emulate seizures, eye dilation, reactivity and blink rate.

- **AIRWAY:**

The manikin shows physical signs of breathing. It is also able to facilitate tracheostomy procedures and oral or nasal intubation. The organs are able

to swell to imitate allergic reactions, pharyngeal swelling and laryngospasms.

- **BREATHING:**

SUSIE's chest moves up and down to show signs of normal or abnormal breathing. It is also capable of having CPR performed and monitored through metrics in real-time, including rate and compression depth, no-flow time and ventilations.



- **CARDIAC/CIRCULATION:**

SUSIE has veins and blood, which allow learners to feel her pulse points or use a stethoscope to measure heart rate and use a blood pressure cuff. There are bilateral IV access points for bolus and/or infusion, as well as deltoid and thigh intramuscular (IM) sites. Oxygen saturation can be controlled in real-time.

- **GASTROINTESTINAL AND URINARY:**

A stomach and bladder are able to be filled with liquids. Interchangeable male and female genitalia allow for catheterization practice, and the rectum supports enemas and removal of intestinal fluids.

- **BREAST EXAMINATION:**

Seven interchangeable, lifelike breasts help to practice detecting and evaluating various pathologies. Nodules are also included and can be moved around the body to simulate tumors and/or growths in various areas.

- **GYNECOLOGY EXAMINATION:**

SUSIE comes with a life-size uterus inside her body. With the female genitalia attached, learners can practice gynecological examinations.

SUSIE comes pre-programmed to mimic 10 interactive scenarios: acetaminophen overdose/liver failure, acute myocardial infarction, acute respiratory distress syndrome, COPD exacerbation, diabetic ketoacidosis, fluid and electrolyte imbalance, heart failure, pneumonia, potential cervical carcinoma, and sepsis.



"It's honestly amazing to watch and be a part of," Thomas Rodriguez, DNP, RN, Leader of the SUSIE project at Shannon, said. "Tammy Kramer has used SUSIE during orientation

for nursing assistants, and Cameron Wilson was able to incorporate it into an Escape Room exercise for her most recent Nurse Resident Cohort. Our team is excited to use this technology for our students. We want them to know that it's okay to make mistakes on SUSIE while they are learning—that's what it is for. We are training them to be the best healthcare provider they can be."

Currently, SUSIE can speak English, Polish and Finnish; software updates within the next year will implement new languages, including Spanish. This technology was paid for through the donations of the Shannon Annual Fund. •

MAYFIELD PAPER COMPANY
 PRESENTS


Save the date for Shannon's 22nd annual Sporting Clay Shoot on Saturday, April 23, 2022!

Join us and help make this year's Clay Shoot another success! Please consider volunteering to assist us on Friday, April 22 and/or Saturday, April 23. If you have never volunteered before or if you have been one of our many valued volunteers in the past, we are excited to work with you!

- Safety is our first consideration of volunteers. You DO NOT have to have any knowledge of the sport or know what to do. *We will train you!*
- 4-5 hour minimum time increments are requested.
- Meals will be provided for all volunteers both days.
- Each volunteer will receive a T-shirt.
- Our volunteers have a great time!

To sign up, please contact Sandra Morales at SandraMorales@ShannonHealth.org.

EVENTS CALENDAR

JANUARY 1 HAPPY NEW YEAR!

JANUARY 22 Healthy You Expo | 11am - 2pm Sunset Mall - 4001 Sunset Dr.

Shannon, Sunset Mall and Foster Communications are partnering to host a free health fair for the public that will include health and fitness information, lots of vendors, free health screenings, demonstrations and more. Don't miss this opportunity for a healthy start to the New Year.

JANUARY 22 Girl Power | 10am - 2pm | McNease Convention Center - 501 Rio Concho Dr.

Shannon and the Laura W. Bush Institute for Women's Health are partnering to bring this special event to 4th-7th grade girls and their mothers. Join us as we listen to keynote speakers Julie Schniers and Miss Texas, Mallory Fuller. For more information, please call 325-486-6478 or email lwbwh@angelo.edu.

FEBRUARY 2

2022 Go Red for Women Luncheon 10:30 am | McNease Convention Center - 501 Rio Concho Dr.

Go Red For Women is a national initiative aimed at uniting women and their friends in the fight against heart disease. For more information, please visit www.GoRedForWomen.org.

FEBRUARY 24-26 2022 KIXY Cares for Kids Radiothon Sunset Mall - 4001 Sunset Dr.

The Radiothon broadcasts LIVE on 94.7 KIXY FM. Radio personalities Jay Michaels and Rick Andrews, along with Miracle Mom Delaine Hale, will highlight stories of children in the Concho Valley who have been treated at Shannon Medical Center. During the three-day event, the 2022 Miracle Kids will be introduced and listeners will hear updates on past Miracle Kids. The outstanding medical staff at Shannon Medical Center, the ones that make the miracles happen, will be on air to discuss the Miracle Kids, and explain more about needed items on the 2022 CMN Wish List. For more information call 325-481-6160.


STETHOSCOOP

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Our Mission

Founded on a legacy of caring, Shannon is a locally owned healthcare system dedicated to providing exceptional healthcare for our family, friends and neighbors.